

Fond du Lac County Senior Dinning Program Menu 1 Dates: October 18<sup>th</sup> – November 19<sup>th</sup>, 2010

**Mon.,October 18<sup>th</sup>**

Oven Roasted  
Chicken  
Whipped Potatoes  
Gravy  
Baby Whole Carrots  
Diced Peaches  
Hunter's Pudding  
Sourdough Bread

**Tues.,October 19<sup>th</sup>**

Ring Bologna  
Ketchup  
German Potato Salad  
Steamed Cabbage  
Fruit for Salad  
Ranger Cookie  
White Bread

**Wed.,October 20<sup>th</sup>**

Pork Chop in Gravy  
Sweet Potatoes  
Sauerkraut  
3 Bean Salad  
Lemon Bars  
Rye Bread

**Thurs.,October 21<sup>st</sup>**

Beef Stew over  
Dumpling  
Whole Kernel Corn  
Tossed Salad w/  
French Dressing  
Oatmeal Raisin  
Cookie  
Dinner Roll

**Fri.,October 22<sup>nd</sup>**

Meatballs in  
Mushroom Gravy  
White Rice  
Squash  
Under the Sea Salad  
Fresh Fruit  
Wheat Bread

**Mon.,October 25<sup>th</sup>**

Baked Ham in a  
Pineapple Sauce  
Scalloped Potatoes  
Rivera Blend Veg  
Carrot Raisin Salad  
Frosted Pumpkin Bar  
Russian Rye Bread

**Tues.,October 26<sup>th</sup>**

Meatloaf  
Ketchup  
Garlic Mashed  
Potatoes  
Peas  
Perfection Salad  
Ice Cream  
White Bread

**Wed.,October 27<sup>th</sup>**

Spaghetti and  
Meat sauce  
Parmesan Cheese  
Italian Blend Veg  
Lettuce Salad w/  
Italian Dressing  
Apple Crisp  
Italian Bread

**Thurs.,October 28<sup>th</sup>**

Roast Pork Loin  
Gravy  
Bread Dressing  
Red Cabbage  
Applesauce  
Vanilla Pudding w/  
Dark Sweet Cherries  
White Bread

**Fri.,October 29<sup>th</sup>**

BBQ Chicken  
Red Jacket Potatoes  
Margarine Pat  
Asparagus  
Macaroni Salad  
Banana  
Vienna Bread

**Mon.,November 1<sup>st</sup>**

BBQ Rib  
O'Brien Potatoes  
Spinach  
Creamy Coleslaw  
Sherbet  
Cornbread Muffin

**Tues.,November 2<sup>nd</sup>**

Roast Turkey  
Mashed Potatoes  
Gravy  
Capri Blend Veg  
Cranberry Sauce  
Carrot Cake w/Cream  
Cheese Frosting  
Wheat Bread

**Wed.,November 3<sup>rd</sup>**

Salisbury Steak in  
Gravy  
Baked Potatoes  
Marg / Sour Cream  
Stewed Tomatoes  
Apricot Halves  
Pineapple Upside  
Down Cake  
Rye Bread

**Thurs.,November 4<sup>th</sup>**

Pizza Casserole  
Italian Blend Veg  
Lime CC Salad  
Banana Cake  
Vienna Bread

**Fri.,November 5<sup>th</sup>**

Sloppy Joes on a  
Bun  
Oven Brown Potatoes  
Baked Beans  
Under the Sea Salad  
Pears

**Mon.,November 8<sup>th</sup>**

Baked Liver and  
Onions  
Mashed Potatoes  
Gravy  
French Cut Gr. Beans  
Ambrosia Salad  
Cherry Crisp  
White Bread

**Tues.,November 9<sup>th</sup>**

Tuna Noodle  
Casserole  
Winter Blend Veg  
Apple Rings  
Ice Cream  
Russian Rye Bread

**Wed.,November 10<sup>th</sup>**

Roast Beef  
Whipped Potatoes  
Gravy  
Carrot Coins  
Sunshine Salad  
Strawberry Shortcake  
Whole Wheat Bread

**Thurs.,November 11**

Ham loaf  
Au Gratin Potatoes  
Wax Beans  
Tomato /Onion Salad  
Fruit Cocktail Cake  
Marble Rye Bread

**Fri.,November 12<sup>th</sup>**

Beef Stroganoff  
Buttered Noodles  
Broccoli  
Pickled Beet Salad  
Blueberry Torte  
Wheat Roll

**Mon.,November 15<sup>th</sup>**

Chili  
Cheese Slice  
Crackers  
California Blend  
Fruited Gelatin  
Molasses Cookie  
Russian Rye Bread

**Tues.,November 16**

Swiss Steak  
Gravy  
Mashed Potatoes  
Cream Style Corn  
Copper Coin Salad  
Fresh Fruit  
White Bread

**Wed.,November 17<sup>th</sup>**

Pork Chop Suey  
Over Rice  
Soy Sauce  
Oriental Blend Veg  
Mandarin Oranges  
Peanut Butter Cookie  
Wheat Bread

**Thurs.,November 18**

Baked Chicken  
Dumpling  
Gravy  
Brussel Sprouts  
Tropical Fruit  
Sherbet  
Apple Muffins

**Fri.,November 19<sup>th</sup>**

Baked Macaroni and  
Cheese  
California Blend Veg  
Pea & Cheese Salad  
Birthday Cake  
White Bread

*\*Menus are subject to change*

*\*2% Milk, and Margarine*

*Served with all congregate meals*

Esther Mukand-Cerro, R.D., C.D.

Alyson Koehn, FSD

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